



June 2017— Meals Calendar

Please call 24 hours in advance to reserve or cancel lunch—Suggested Donation \$3

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef stew with vegetables, garden salad, biscuit, pears with cinnamon	2 No Regular Friday Lunch
5 Coffee Hour and Wellness Chat Light fare, Juice and coffee	6 Spaghetti & meatballs, garden salad, garlic bread, chocolate pudding	7 Tomato topped meatloaf, baked potato with sour cream, waxed beans, wheat roll, chocolate mousse with whipped topping	8 Tomato soup, tuna salad, cottage cheese, broccoli & cran raisin salad, whole wheat roll, hot fruit compote with sugar cookie	9 No Regular Friday Lunch
12 Coffee Hour and Wellness Chat Light fare, Juice and coffee	13 Baked stuffed peppers, Greek salad, pumpernickel bread, lemon meringue pie	15 Chicken parmesan, spaghetti with sauce, Caesar salad, wheat roll, tropical fruit	15 Soft burrito beef and/or beans filling with shredded cheese & lettuce, mild salsa, sour cream on the side, plain potato chips, fruit muffin	16 No Regular Friday Lunch
19 Coffee Hour and Wellness Chat Light fare, Juice and coffee	20 Salisbury steak with mushroom gravy, spinach, mashed potatoes, marble rye bread, fruit filled cookie	21 Board Meeting and Lunch Pulled pork sandwiches, cole slaw, 3 bean salad, bun, caramel apple crumb cake <i>Or vegetarian option</i>	22 Hot sliced ham, whipped sweet potatoes, green & yellow beans, roll, raspberry crumble cake	23 No Regular Friday Lunch
26 Coffee Hour and Wellness Chat Light fare, Juice and coffee	27 Sloppy joes, Cole slaw, macaroni vegetable salad, bun, ambrosia	28 BBQ chicken breasts, potato salad, beet salad, whole wheat roll, blueberry pie	29 Meat lasagna, tossed salad, rolls, pineapple upside down cake	30 No Regular Friday Lunch