



December 2017 - Meals Calendar

Suggested Donation \$3, please call 24 hours in advance to reserve or cancel lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 27	Nov 28	Nov 29	Nov 30	1 No Regular Friday Lunch
4 Monday Morning Coffee Hour Topic: Safety and Scam Awareness	 5 Birthday Lunch Domino's Pizza, cheese, pepperoni or veggie, green salad and a dessert	6 Herb baked chicken breast, orzo vegetable salad, julienne carrots, wheat bread, chocolate pudding	7 Roast pork & gravy, roasted red potatoes, peas apple sauce, dinner roll, carrot cake	8 No Regular Friday Lunch
11 Monday Morning Coffee Hour Topic: Ted Talk, A Creative Approach to Building Green	12 Pork riblets, whipped sweet potatoes, broccoli & cauliflower, wheat bread, mandarin oranges	13 Holiday Lunch  Roast beef & gravy, mashed potatoes, creamy whipped squash, whole wheat roll, blueberry pie with topping <i>Ask about our vegetarian option!</i>	14 Tomato topped meatloaf, baked potato with sour cream, garden salad, wheat bread, Boston cream pie	15 No Regular Friday Lunch
18 Monday Morning Coffee Hour Topic: Winter Blues (with surprise from Center Staff!)	19 Hot sliced ham, potatoes au gratin, green & yellow beans, roll, fruit churro	20 Baked stuffed peppers with beef, garden vegetable medley, whole wheat roll, warm fruit filled cookie	21 Beef stew, with vegetables broccoli & cran raisin salad, biscuit, brownie	22 No Regular Friday Lunch
25 Center Closed for Christmas Holiday 	26 Spaghetti & meatballs, Italian vegetables & garlic bread, peaches	27 Broccoli cheddar soup, Caesar salad with chicken & croutons, oatmeal raisin cookie	28 Pulled pork sandwiches, cole slaw, 3 bean salad, caramel apple bun cake	29 No Regular Friday Lunch